

- Med, 2019, 12(9): 386-396. DOI: 10.1161/CIRCGEN.118.002527.
- [34] Fan M, Lv J, Yu C, et al. Association between active commuting and incident cardiovascular diseases in Chinese: a prospective cohort study [J]. *J Am Heart Assoc*, 2019, 8(20): e012556. DOI: 10.1161/JAHA.119.012556.
- [35] Pang Y, Lv J, Kartsonaki C, et al. Association of physical activity with risk of hepatobiliary diseases in China: a prospective cohort study of 0.5 million people [J]. *Br J Sports Med*, 2020, Aug 21; bjsports-2020-102174. DOI: 10.1136/bjsports-2020-102174.
- [36] 高萌, 魏玉虾, 吕筠, 等. 中国成年人代谢异常相关的体质指数和腰围切点研究 [J]. *中华流行病学杂志*, 2019, 40(12): 1533-1540. DOI: 10.3760/cma.j.issn.0254-6450.2019.12.006. Gao M, Wei Y, Lyu J, et al. The cut-off points of body mass index and waist circumference for predicting metabolic risk factors in Chinese adults [J]. *Chin J Epidemiol*, 2019, 40(12): 1533-1540. DOI: 10.3760/cma.j.issn.0254-6450.2019.12.006.
- [37] Chen Z, A Iona, Parish S, et al. Adiposity and risk of ischaemic and haemorrhagic stroke in 0.5 million Chinese men and women: a prospective cohort study [J]. *Lancet Glob Health*, 2018, 6(6): 630-640. DOI: 10.1016/S2214-109X(18)30216-X.
- [38] Bragg F, Tang K, Guo Y, et al. Associations of general and central adiposity with incident diabetes in Chinese men and women [J]. *Diabetes Care*, 2018, 41(3): 494-502. DOI: 10.2337/dc17-1852.
- [39] Wang L, Jin G, Yu C, et al. Cancer incidence in relation to body fatness among 0.5 million men and women: Findings from the China Kadoorie Biobank [J]. *Int J Cancer*, 2020, 146(4): 987-998. DOI: 10.1002/ijc.32394.
- [40] Pang Y, Kartsonaki C, Lv J, et al. Observational and genetic associations of body mass index and hepatobiliary diseases in a relatively lean Chinese population [J]. *JAMA Netw Open*, 2020, 3(10): e2018721. DOI: 10.1001/jamanetworkopen.2020.18721.
- [41] Pang Y, Kartsonaki C, Turnbull I, et al. Adiposity in relation to risks of fatty liver, cirrhosis and liver cancer: a prospective study of 0.5 million Chinese adults [J]. *Sci Rep*, 2019, 9(1): 785. DOI: 10.1038/s41598-018-36460-7.
- [42] 李嘉琛, 吕筠, 高萌, 等. 中国成年人体质指数和腰围与主要慢性病风险的关联研究 [J]. *中华流行病学杂志*, 2019, 40(12): 1541-1547. DOI: 10.3760/cma.j.issn.0254-6450.2019.12.007. Li J, Lyu J, Gao M, et al. Association of body mass index and waist circumference with major chronic diseases in Chinese [J]. *Chin J Epidemiol*, 2019, 40(12): 1541-1547. DOI: 10.3760/cma.j.issn.0254-6450.2019.12.007.
- [43] 田园, 杨淞淳, 余灿清, 等. 中国成年人中心性肥胖与缺血性心脏病发病风险的前瞻性研究 [J]. *中华流行病学杂志*, 2018, 39(9): 1172-1178. DOI: 10.3760/cma.j.issn.0254-6450.2018.09.006. Tian Y, Yang SS, Yu CQ, et al. Association between central obesity and risk for heart disease in adults in China: a prospective study [J]. *Chin J Epidemiol*, 2018, 39(9): 1172-1178. DOI: 10.3760/cma.j.issn.0254-6450.2018.09.006.
- [44] Chen Z, Smith M, Du H, et al. Blood pressure in relation to general and central adiposity among 500 000 adult Chinese men and women [J]. *Int J Epidemiol*, 2015, 44(4): 1305-1319. DOI: 10.1093/ije/dyv012.
- [45] Li J, Zhu L, Wei Y, et al. Association between adiposity measures and COPD risk in Chinese adults [J]. *Eur Respir J*, 2020, 55(4): 1901899. DOI: 10.1183/13993003.01899-2019.
- [46] 祝楠波, 周密, 余灿清, 等. 中国成年人健康生活方式状况分析 [J]. *中华流行病学杂志*, 2019, 40(2): 136-141. DOI: 10.3760/cma.j.issn.0254-6450.2019.02.003. Zhu NB, Zhou M, Yu CQ, et al. Prevalence of 'healthy lifestyle' in Chinese adults [J]. *Chin J Epidemiol*, 2019, 40(2): 136-141. DOI: 10.3760/cma.j.issn.0254-6450.2019.02.003.
- [47] Lv J, Yu C, Guo Y, et al. Adherence to healthy lifestyle and cardiovascular diseases in the Chinese population [J]. *J Am Coll Cardiol*, 2017, 69(9): 1116-1125. DOI: 10.1016/j.jacc.2016.11.076.
- [48] Lv J, Yu C, Guo Y, et al. Adherence to a healthy lifestyle and the risk of type 2 diabetes in Chinese adults [J]. *Int J Epidemiol*, 2017, 46(5): 1410-20. DOI: 10.1093/ije/dyx074.
- [49] Zhu N, Yu C, Guo Y, et al. Adherence to a healthy lifestyle and all-cause and cause-specific mortality in Chinese adults: a 10-year prospective study of 0.5 million people [J]. *Int J Behav Nutr Phys Act*, 2019; 16(1): 98. DOI: 10.1186/s12966-019-0860-z.
- [50] 国务院. 健康中国2030规划纲要 [EB/OL]. (2016-10-25) [2020-12-30]. http://www.gov.cn/zhengce/2016-10/25/content_5124174.htm. The State Council. "Healthy China 2030" [EB/OL]. (2016-10-25) [2020-12-30]. http://www.gov.cn/zhengce/2016-10/25/content_5124174.htm.
- [51] 庞元捷, 吕筠, 余灿清, 等. 多组学在慢性病病因学研究中的应用及其进展 [J]. *中华流行病学杂志*, 2021, 42(1): 1-9. DOI: 10.3760/cma.j.cn112338-20201201-001370. Pang YJ, Lyu J, Yu CQ, et al. A multi-omics approach to investigate the etiology of non-communicable diseases: recent advance and applications [J]. *Chin J Epidemiol*, 2021, 42(1): 1-9. DOI: 10.3760/cma.j.cn112338-20201201-001370.